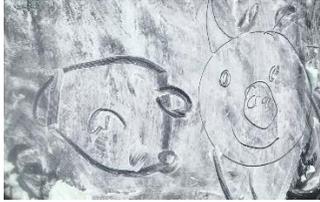


# Nursery Home Learning

Week beginning Monday 15<sup>th</sup> June 2020

All the links can be followed or find the resources on our website (Curriculum/Home Learning Tab)

Literacy	Maths	Physical
<p><b>Sensory drawing animals:</b> Do you have a favourite animal? Could you draw it? Have a look at the 'how to' sheets in the resources section for a step-by-step guide for some animals.</p> <p>Why not make it sensory??? You could put some shaving foam into a tray and use your finger, a brush or a stick to create your animal picture.</p> 	<p><b>Writing numbers:</b> Have a look at the 'all about numbers' pack in the general resources section of the nursery home learning part of the school website. Why not make this sensory too. You could use the shaving foam or some sloppy soil, some cornflour with a little water added or some salt to write numbers in. You could even play numbers hide and seek and have number cards around the house to find and then have a go writing over with your finger.</p>	<p><b>Indoor Obstacle course:</b> This is so much fun and it's great exercise. It can be whatever you want it to be. You can even build in stations with your maths or phonics activities. Here are some ideas, although I am sure that you will think of brilliant ones of your own.</p> <ul style="list-style-type: none"> <li>• Cushions on the floor make great stepping stones</li> <li>• Covers over chairs create tunnels to crawl through.</li> <li>• You could build in running up or down the stairs</li> <li>• What about throwing balls into a target bucket.</li> <li>• Masking tape on the floor can create a trail to follow-zigzag lines, spots for jumping, circles for spinning around.</li> </ul>
<p><b>Discussion time</b></p>	<p><b>Wellbeing/Outdoor activity</b></p>	<p><b>Phonics</b></p>
<p><b>Would you rather:</b> If you had to choose who would you rather live with-Goldilocks, the Big Bad Wolf or the 3 Billy Goats Gruff?</p> <p>Once you have decided discuss why you chose that character and think of what the 3 best things would be about living with them? Also decide 3 things that you think they would like about living with you.</p> 	<p><b>Mindfulness breathing visualisation:</b> Who had a go at the mindfulness activities that we shared at half term? Do you know that like anything else, if you practise it you get better? Let's try this visualisation:</p> <ol style="list-style-type: none"> <li>1. Sitting or standing, place your hands on your belly. Close your eyes.</li> <li>2. Take slow, deep breaths in and out.</li> <li>3. Take a couple of minutes to relax your body. Start at your head and work your way down wiggling any part that feels tense.</li> <li>4. Focus on your breathing. Feel the natural pause once you have breathed in, before you breathe out.</li> <li>5. Imagine that your breaths are waves and you are riding them. On the in breath ride up the wave and after the pause and on the out breath, ride back down the wave.</li> <li>6. Can you now choose a colour for the waves? It could be your favourite colour or maybe one that makes you feel relaxed.</li> </ol> <p>When you are ready to refocus with the world you try stroking your arms from your shoulders to your finger tips and slowly open your eyes.</p>	<p><b>Letter 'p':</b> Why not go for a walk and see where you can find the letter 'p'. It might be on shops, houses, road signs or car registrations. Can you wiggle your magic finger and air write the letter each time you find it? If you have some dice there is a brill game in the resources section to help with letter recognition and sounds called 'roll a sound'.</p> <p><b>Rhyming:</b> Stories are a great way to understand rhyming. Can you spot which words sounds a bit the same? Can you think of additional words that sound like them? Why not have a try at the rhyming paper chains activity in the resources section to help with this learning and to decorate your room.</p>
		<p><b>Other Topics</b></p>
		<p><b>Phonics Play:</b> This is a great site and currently free to access. The home page has a tab on the left hand side that says 'phases'. Nursery learning falls within phase 1 and 2. Have a try at the games in phase 1 first and then learning about letters and their sounds in phase 2. Username: march20 Password: home</p>